



November 5, 2023

Wisdom for Guarding your Heart | Proverbs 4:23-27

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S U M M A R Y

This past weekend we continued on in our Becoming Wise series through the book of Proverbs where we looked at wisdom as an ever-growing relationship between a breadth of knowledge and a depth of heart. This week, Pastor Sheleena shared about what it means to wisely guard your heart in a way that brings about streams of living water.

R E A D

Proverbs 4:23-27

Pause. Take time to prayerfully consider what has been read.

D I S C U S S

- 1) What does the heart represent to you? What does it mean to be an embodied soul?

What we Say | Proverbs 18:21, 13:3, 10:21, 12:14, 18:20

- 2) Talk about a time that your words have led to a change in heart, good or bad.

Where we Look | Matthew 6:22-23

- 3) What do you tend to fix your eyes on? What captures your attention? How does what you look at affect your heart?

What we Think | Proverbs 14:8

- 4) How much thought do you give to your daily life? Your weekly rhythms? How are you being mindful of the direction your life is headed?

Where we Go | Proverbs 16:17-18, 22:5

- 5) Sheleena talked about two ditches, the one of pride in virtue and the other of destruction in vice. Which ditch is most tempting to you? Why?
- 6) What are some ways that you have experienced brokenness in your heart? Do you tend to walk through life defenseless or defensive?
- 7) What gets in the way of you choosing to open your heart to God and others?

R E S P O N D

Read Philippians 4:4-9. How does this passage offer an antidote to the broken heart paths? What can you put into practice this week through the power of the Spirit to guard your heart wisely?

*Share how the Spirit is inviting you to respond today and the week to come – to **be with** Jesus, to **become like** Jesus, or to **do what** Jesus does.*

P R A Y

Pray for the God of peace to guard your hearts and minds in Christ Jesus and for soft hearts able to receive the streams of living water available through the Spirit.

Take time to wait and pray together. What is Jesus praying for? Come into agreement with His prayers.

